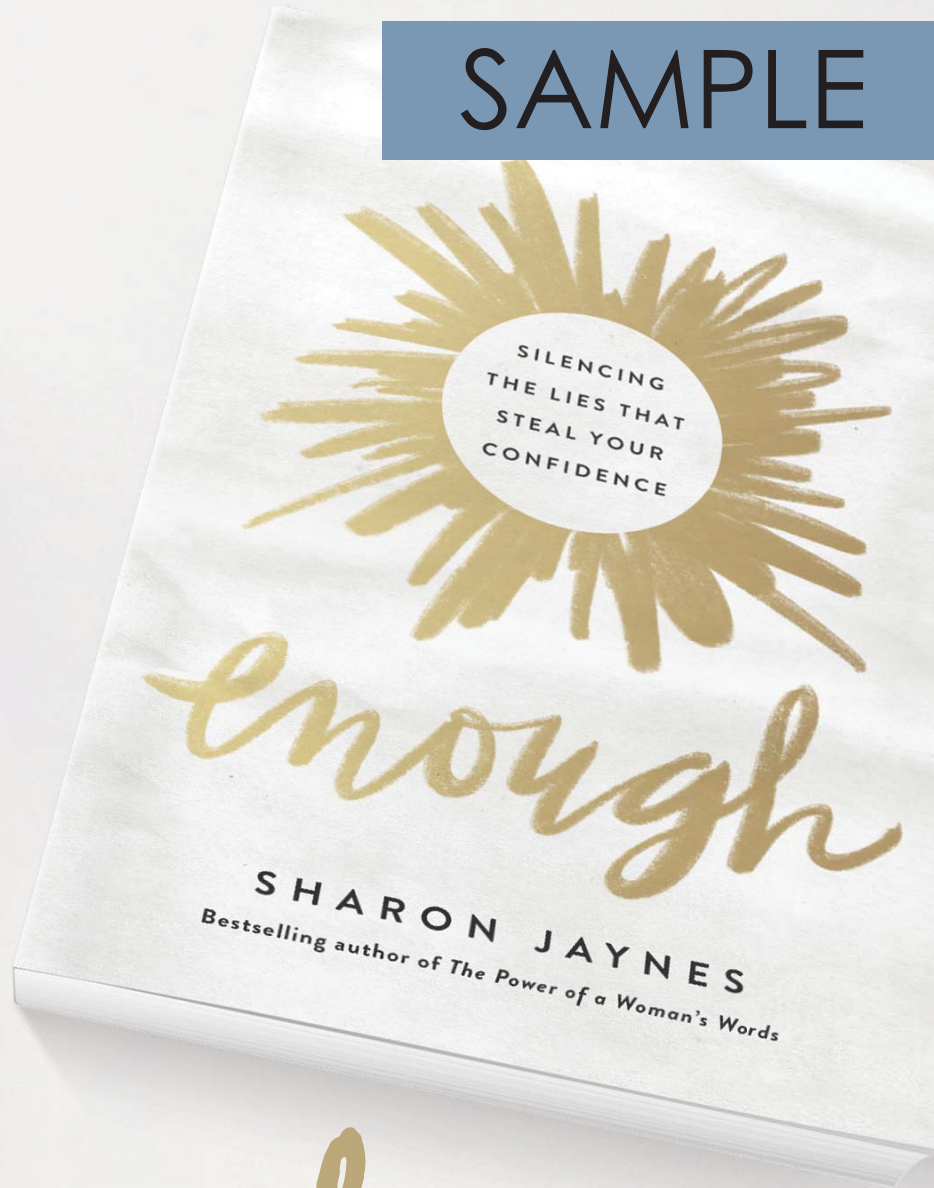


SAMPLE



enough

TRUTH CARDS

sharonjaynes.com



THE LIE: I'M CONDEMNED.

Truth

I AM FORGIVEN AND FREE.

Therefore, there is now no condemnation
for those who are in Christ Jesus,
because through Christ Jesus the law of the
Spirit who gives life has set you free from the
law of sin and death.

Romans 8:1

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BY SHARON JAYNES

THE LIE: I'M INSIGNIFICANT.
I DON'T MATTER TO ANYONE.

Truth

I HAVE GREAT SIGNIFICANCE
AS A CHILD OF GOD.

See what great love the Father has lavished
on us, that we should be called children of
God! And that is what we are!

1 John 3:1

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BY SHARON JAYNES

THE LIE: I'M NOT GOOD ENOUGH.

Truth

BECAUSE OF JESUS AND HIS WORK OF REDEMPTION,
I AM DEEPLY LOVED, COMPLETELY FORGIVEN,
FULLY PLEASING, & TOTALLY ACCEPTED BY GOD.
I AM EMPOWERED & EQUIPPED BY THE HOLY SPIRIT
TO DO ALL GOD HAS CALLED ME TO DO.

You were washed, you were sanctified, you
were justified in the name of the Lord Jesus
Christ and by the Spirit of our God.

1 Corinthians 6:11

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THE LIE: I CAN'T DO ANYTHING RIGHT.

Truth

I CAN DO ALL THINGS THROUGH CHRIST,
WHO STRENGTHENS ME.

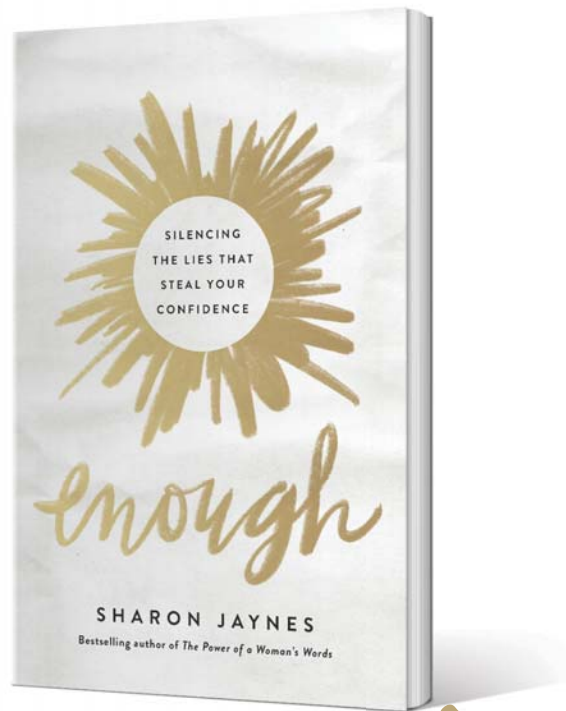
I can do everything through Christ,
who gives me strength.

Philippians 4:13

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SILENCING THE LIES THAT STEAL YOUR CONFIDENCE

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Sharon Jaynes is a conference speaker, devotion writer for Girlfriends in God and Proverbs 31 Ministries, and author of 22 books. Her latest book, *Enough: Silencing the Lies That Steal Your Confidence* will help you accept God's grace and move past failures and pre-load your heart with truth to fight your deepest insecurities.