

HOW TO USE GOD'S TRUTH TO REPLACE THE LIES THAT KEEP ME FROM LIVING FREE.

THIS IS TOO BIG.

I am not asked to do anything without God, and He is always bigger! Isaiah 55:8-9

I AM NOT WORTHY.

I am CHOSEN and dearly loved. Colossians 3:12

NO ONE SEES ME.

I am worthy and loved. Luke 12:6-7

GOD HAS FORGOTTEN ME.

He will never leave me. Deuteronomy 31:6

I'LL NEVER GET PAST THE PAST.

I am holy, blameless and the King's daughter! I am redeemed & restored! Ephesians 1:4-7

WHAT I'VE DONE IS TOO MUCH, GOD CAN'T POSSIBLY FORGIVE ME.

My sins have been removed! Psalm 103:12

I AM NOT/WILL NEVER BE ENOUGH.

I am Christ's beloved daughter. God formed me before I was even born. He has a plan for my life. I am more than enough. 1 Peter 2:9

I AM A TERRIBLE PERSON

I am lovely and there is no flaw in me. Song of Songs 4:7

I AM A QUITTER & WILL NEVER FINISH THIS PROJECT

God gives me staying power! Philippians 4:13

GOD CAN'T USE ME BECAUSE OF MY PAST.

I am a NEW creation! The old is past, the new has come! Hebrews 13:20-22

MY HEART WILL NEVER HEAL.

He wipes away all of my tears. Revelation 21:4

I'M IN THIS ALL ALONE.

He covers me. I am safe, He protects and defends me. Psalm 91:4

